

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Pick up your Independent Activity Booklets! 9:00-3:00 Exercise Room Open! 10:00am Chapel Service with Pastor Mike - C 2:45pm Afternoon Tea - TR</p>	<p>2</p> <p>9:00-3:00 Exercise Room Open! 10:30am Word Chain Game(S) - EB 11am-12pm Bookmobile 1:30pm VON Exercises (S) -ER 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 6:30pm Happy Hour & Trivia Night - CF 6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC</p>	<p>3</p> <p>9:00-3:00 Exercise Room Open! 9:30am Exercise Room with Assistance - ER 10:30am Creative Colouring with Kyle - L 1:30pm VON Exercises (S) - ER 2:45pm Afternoon Tea - TR 3:00pm Sunshine Dog Visits - M</p>	<p>4</p> <p>9:00-3:00 Exercise Room Open! 9:15am Geography Bee- EB 10:30am Yoga Video with Noor-ER 12:00pm Lunch Club: Dublin Coddle (Irish Stew) (Sign up) - C 2:00pm Bingo (EB) 2:45pm Afternoon Tea - TR 3:15pm Sit & Knit - L</p>	<p>5</p> <p>9:00-3:00 Exercise Room Open! 9:15am Coffee Time-M 10:00am Rosary Group - EB 10:30am Flower Arranging - L 1:30pm Seated Exercise - ER 2:00pm International Women's Day Presentation- "The Impact of Women in Caregiving Roles" - CC 2:45pm Afternoon Tea - TR 6:30pm Happy Hour & Bingo - CF 6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC</p>	<p>6</p> <p>9:00-3:00 Exercise Room Open! 9:15am Word Games: Word Connect - EB 2:00pm Young Guys 2 Concert - CC 2:45pm Afternoon Tea - TR 3:00pm Ukulele Group - EB</p>	<p>7</p> <p>9:00-3:00 Exercise Room Open! 10:30am Word Game:Rhymie Stymie(S)-EB 1:30pm Seated Exercise - ER 2:45pm Afternoon Tea - TR 3:15pm Guelph Storm Game Outing (Sign Up)</p>
<p>8</p> <p>International Women's Day- Wear Purple! Daylight Savings- Turn Clocks Ahead 1 hour! 9:00-3:00 Exercise Room Open! 10:30am TV Mass -EB 1:30pm Creative Arts(S)-L 2:45pm Afternoon Tea - TR</p>	<p>9</p> <p>9:00-3:00 Exercise Room Open! 10:00am Food Committee - TR 1:30pm Creative Arts: Collaged Tulips (MD) - L 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 6:30pm Happy Hour & Classical Piano Concert with Connor - CF 6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC</p>	<p>10</p> <p>9:00-3:00 Exercise Room Open! 9:30am Exercise Room with Assistance - ER 9:30am Shopping Outing to Winners (Sign Up) 10:30am Creative Colouring with Kyle - L 2:45pm Afternoon Tea - TR 3:00pm Sunshine Dog Visits - M</p>	<p>11</p> <p>9:00-3:00 Exercise Room Open! 9:15am Crosswords- EB 10:00am St Andrew's Presbyterian Chapel Service (C) 10:30am Chair Yoga with Alissa - ER 2:00pm Happy Hour with Paul Horton (CC) 2:45pm Afternoon Tea - TR</p>	<p>12</p> <p>9:00-3:00 Exercise Room Open! 9:15am Coffee Time-M 10:00am Rosary Group - EB 10:30am Flower Arranging - L 10:30am Music w Krystyna (EB) 1:30pm VON Exercise - ER 2:45pm Musical Entertainment with Derek Byrne (M) 2:45pm Afternoon Tea - TR 6:30pm Happy Hour & Bingo - CF 6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC</p>	<p>13</p> <p>9:00-3:00 Exercise Room Open! 10:00am Bell Choir with Mairead - EB 1:30pm Seated Exercise(S)-ER 2:45pm Afternoon Tea - TR 3:00pm Ukulele Group - EB</p>	<p>14</p> <p>National Potato Chip Day! 9:00-3:00 Exercise Room Open! 9:30am Poetry Reading - EB 2:00pm Irish Dancers Performance by Finnegan Irish Dance School - CC 2:45pm Afternoon Tea - TR</p>
<p>15</p> <p>9:00-3:00 Exercise Room Open! 10:00am Chapel Service with Pastor Mike - C 2:30pm Shamrock Ice Cream Sundae Social - TR 2:45pm Afternoon Tea - TR</p>	<p>16</p> <p>9:00-3:00 Exercise Room Open! 11am-12pm Bookmobile 1:30pm Seated Exercise - ER 2:00pm Elliott Community Afternoon Bingo - CC 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 3:45pm Shuffleboard Bowling - EB 6:30pm Happy Hour & Trivia Night - CF 6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC</p>	<p>17</p> <p>Happy St. Patrick's Day! 9:00-3:00 Exercise Room Open! 9:30am Exercise Room with Assistance - ER 10:30am Creative Colouring with Kyle - L 2:00pm St. Patrick's Day Party with Kim Atkins - CC 2:45pm Afternoon Tea - TR 3:00pm Bible Study - EB 3:00pm Sunshine Dog Visits - M</p>	<p>18</p> <p>9:00-3:00 Exercise Room Open! 9:15am Word Games- Word Connect (EB) 10:00am Roman Catholic Mass - C 10:30am Yoga Video with Noor - ER 2:00pm Wine & Cheese Social (M) 2:45pm Afternoon Tea - TR 3:15pm Sit & Knit - L</p>	<p>19</p> <p>9:00-3:00 Exercise Room Open! 9:30am Step by Step Painting- "Lucky Charm" L - L 10:00am Rosary Group - EB 11:00am Flower Arranging-L 2:00pm Birthday Party with the Beatles Group - CC 6:30pm Happy Hour & Bingo - CF 6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC</p>	<p>20</p> <p>International Day of Happiness! 9:00-3:00 Exercise Room Open! 11:30am Lunch Outing to Kelseys Restaurant (Sign Up) 1:30pm Singing Group with Mairead - EB 1:30pm Seated Exercise-ER 2:45pm Afternoon Tea - TR 3:00pm Ukulele Group - EB</p>	<p>21</p> <p>9:00-3:00 Exercise Room Open! 9:30am Songs From The Little Stars w/Coffee&Tea(S)-EB 2:00pm Spring Pot Planting & Painting with Students from University of Guelph - CC 2:45pm Afternoon Tea - TR</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22</p> <p>9:00-3:00 Exercise Room Open! 10:00am Chapel Service with Pastor Mike - C 2:00pm Music of the Night Performance at River Run Outing (Sign Up) 2:45pm Afternoon Tea - TR</p> 	<p>23</p> <p>National Chips & Dip Day! 9:00-3:00 Exercise Room Open! 1:30pm Seated Exercise - ER 2:30pm Artful Talk- From Earth to Art- EB 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 6:30pm Happy Hour & Trivia Night with Chips & Dip! - CF 6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC</p> 	<p>24</p> <p>9:00-3:00 Exercise Room Open! 9:30am Exercise Room with Assistance - ER 10:30am Creative Colouring with Kyle - L 10:45am Golden 50s Music Bingo EB 1:30pm Seated Exercise - ER 2:00pm Resident Town Hall Meeting - EB 2:45pm Afternoon Tea - TR 3:00pm Bible Study - EB 3:00pm Sunshine Dog Visits - M</p> <p>YOUR VOICE MATTERS</p> 	<p>25</p> <p>9:00-3:00 Exercise Room Open! 9:00am What's Cookin'- Yogurt Parfaits - EB 10:00am St. George's Chapel Service - C 10:30am Seated Exercise - ER 2:00pm Accordion with Gary - CC 2:15pm Easter Egg Hunt Prep- Stuffing Eggs!- - L 2:45pm Afternoon Tea - TR 3:15pm Sit & Knit & Farewell Social for Noor - L</p> 	<p>26</p> <p>9:00-3:00 Exercise Room Open! 9:15am Coffee Time- M 10:00am Rosary Group - EB 10:30am Flower Arranging - L 1:30pm Seated Exercise - ER 2:45pm Musical Entertainment with Jamie Todd (M) 2:45pm Afternoon Tea - TR 6:30pm Happy Hour & Bingo - CF 6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC</p> 	<p>27</p> <p>Toronto Blue Jays Day! Season Opener Wear Blue! 9:00-3:00 Exercise Room Open! 10:00am Bell Choir with Mairead - EB 1:30pm Seated Exercise(S)-ER 2:30-3:30 Hear Right Canada Hearing Clinic (L) 2:45pm Afternoon Tea - TR 3:00pm Ukulele Group - EB</p> 	<p>28</p> <p>9:00-3:00 Exercise Room Open! 9:30am Guided Meditation (ER) 2:00pm Ask an Astronomer Presentation with Mike Ducak (CC) 2:45pm Afternoon Tea - TR</p> 
<p>29</p> <p>9:00-3:00 Exercise Room Open! 10:00am Chapel Service with Pastor Mike - C 1:30pm Growing Up Animal Documentary & Popcorn: Ep. 1 (EB) 2:45pm Afternoon Tea - TR</p> 	<p>30</p> <p>9:00-3:00 Exercise Room Open! 9:30am Word Game: Rhymie Stymie(S)-EB 11am-12pm Bookmobile 1:30pm Seated Exercise - ER 2:30pm Easter Egg Hunt Prep- Stuffing Eggs!- (L) 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 6:30pm Happy Hour & Trivia Night - CF 6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC</p>	<p>31</p> <p>9:00-3:00 Exercise Room Open! 9:30am Exercise Room with Assistance - ER 10:30am Creative Colouring with Kyle - L 1:30pm VON Exercises (S) - ER 2:45pm Afternoon Tea - TR 3:00pm Bible Study - EB 3:00pm Sunshine Dog Visits - M</p> 	<p>Program Location Legend BCY - Back Courtyard CC- Community Centre CF- Café/Atrium CP - Cheers Patio EB- Ellington Basement ER- Exercise Room L- Library M- Main Lobby RR - Resident's Room TR - Tea Room</p>	<p>Recreationists Sheilla Ga-an - Ext. 2496 sgaan@elliottcommunity.org Colleen Marsh- Ext. 2232 cmarsh@elliottcommunity.org</p> <p>Recreation Supervisor Michelle Holland Ext. 2366 mholland@elliottcommunity.org</p> <p>Chaplain Pastor Mike Dell- Ext. 2248 chaplain@elliottcommunity.org</p> 	<p>General Store Hours Monday: 9:30-11:30am, 12:15-3:30pm Tuesday: 9:30-12:30pm, 1:30-3:30pm Wednesday: 9:30am-3:30pm Thursday: 9:30am-2:20pm Friday: 9:30am-12:00pm Saturday: Closed Sunday: 9:30am-12:30pm</p> 	<p>MARCH</p> 